

ENHANCING YOUR IQ

WITH
Salima Jaffer

APPLIQUÉ AND BEYOND

EMBOSSSED TOWEL

baby lock

FOR THE LOVE OF SEWING

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EMBOSSSED TOWEL



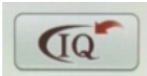
Supplies:

- Bath or Hand towel
- Dissolve Away Mesh stabilizer
- Baby Lock Hydro Melt Topping
- Temporary Spray Adhesive
- Assorted colors of embroidery threads
- Basic sewing supplies

Instructions:




- 1) Hoop the Dissolve Away Mesh stabilizer in the hoop.
- 2) Lightly spray the stabilizer with machine embroidery spray adhesive and position the towel over the hoop and stabilizer.
- 3) Lightly mist the topping and position it on top of the towel. The topping will keep the embroidery from getting caught in the loops of the towel.
- 4) Place the hoop on the machine.
- 5) Bring up the finished embossed design you created.
- 6) Embroider the design using the desired colors of embroidery thread.
- 7) Once the embroidery is complete, remove the excess stabilizer.
- 8) To dissolve way the remaining stabilizer rinse or dampen the towel with warm water and let it dry.

Creating the Monogram:

1. Select the Embroidery Folder
2. Choose the Fonts Tab 
3. Select Font Style Number 04
(for Destiny Font Style Number 03)
4. Select a Letter (This exercise works with an Open Letter - not a letter that has a closed shape in it)
5. Click Set
6. Click on Edit
7. Click on the Outline Icon 
8. Click on Memory
(for Destiny Click on IQ with the Red Arrow) 
9. When the Message Pops Up, Click OK
10. Click Home



Creating the Frame Shapes:

1. Click on IQ Designer 
2. Click on the Shapes Icon 
3. Select the Fancy Frame Shape  (Row 1 Column 4)
4. Click OK

5. Click on Size

6. Change the H = 3.52"



and the W = 3.52"



7. Click OK

8. Click on Duplicate



9. Click on Size

10. Change the H = 4.72"



and the W = 4.72"



11. Touch the Center Dot where the arrows are – this places the design in the center

12. Click OK

13. Click on the Shapes Icon



14. Click on Saved Shapes



15. Select the Monogram Letter

16. Click OK

17. Click Size

18. Increase the Size to a pleasing look and Click OK

19. Click Memory then Click on the Machines Memory

*(for the Destiny Click on the Pocket with the Red Arrow
Machines Memory)*



then click on Machine

Creating the Fill #1:

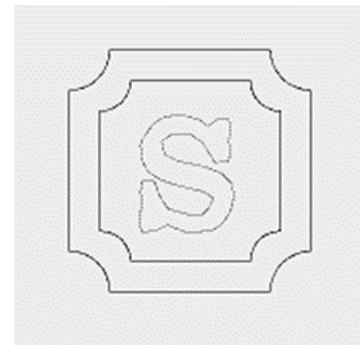
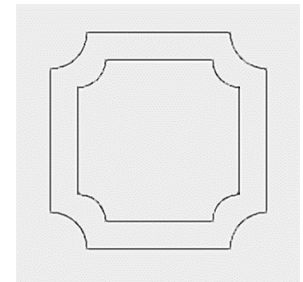
1. Click on the Line Region Property Icon



2. Click on the No Sew Icon



3. Click OK



4. Click on the Bucket/Cup Icon



5. Touch the Outer Line, the Inner Line and the Monogram letter

6. Click on the Fill Region Property Icon



7. Select the Fancy Fill Icon



8. Click on Select

9. Choose Fill Type No 009

10. Click OK

11. Change Color to Gray

12. Click OK



13. Click on the Bucket/Cup Icon

14. Touch in between the Inner and the Monogram letter

15. Click on Next



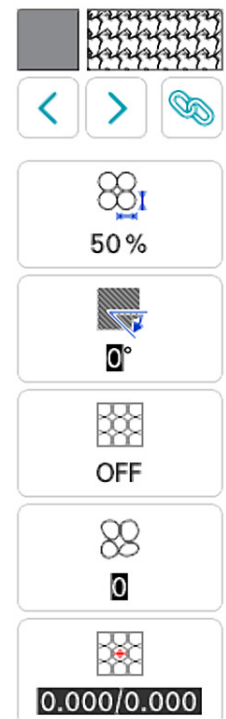
For Destiny follow Steps 20 - 22

16. Change the Size to 50% and Click OK

17. Change the Outline to OFF and Click OK

18. Click Set

19. When the message pops up click OK



20. (For the Destiny Decrease the Size to 50% and Click Set)



21. (For the Destiny Change the Outline to OFF and Click Set)

22. (For the Destiny, Click Preview, OK, Set, OK)

Creating the Fill #2:

1. Click Add

2. Click on IQ Designer



3. Click on the Pocket with the Arrow Icon



(For the Destiny – Click on the pocket with the blue arrow)

4. Click on the Machines Memory

5. Find the Frame Design

6. Click OK or Set depending on the machine

7. Click on the Line Region Property Icon

8. Click on the No Sew Icon



9. Click OK

10. Click on the Bucket/Cup Icon

11. Touch the Outer Line, the Inner Line and the Monogram letter

12. Click on the Fill Region Property Icon

13. Select the Fancy Fill Icon



14. Click on Select



15. Choose Fill Type No 009

16. Click OK

17. Change Color to Beige

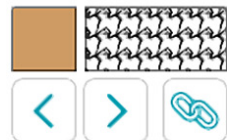
18. Click OK

19. Click on the Bucket/Cup Icon



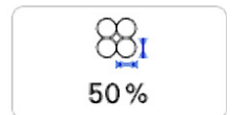
20. Touch in between the Inner and the Monogram letter

21. Click on Next



For Destiny follow Steps 27 – 30

22. Change the Size to 50% and Click OK



23. Change the Angle to 60 Degrees and Click OK



24. Change the Outline to OFF and Click OK



25. Click Set

26. When the message pops up click OK



27. (For the Destiny Decrease the Size to 50% and Click Set)






28. (For the Destiny Change the Angle to 60 Degrees and Click Set)



29. (For the Destiny Change the Outline to OFF and Click Set)

30. (For the Destiny, Click Preview, OK, Set, OK)

Creating the Fill #3:

1. Click on Add
2. Click IQ Designer
3. Click on the Pocket with the Arrow Icon


(For Destiny – Click on the pocket with the blue arrow)
4. Click on the Machines Memory
5. Find the Frame Design and Click OK or Set
6. Click on the Line Region Property Icon
7. Click on the No Sew Icon

8. Click OK
9. Click on the Bucket/Cup Icon
10. Touch the Outer Line, the Inner Line and the Monogram letter
11. Click on the Fill Region Property Icon
12. Select the Fancy Fill Icon


13. Click on Select
14. Choose Fill Type No 009
15. Click OK
16. Change Color to Orange
17. Click OK
18. Click on the Bucket/Cup Icon
19. Touch in between the Inner and the Monogram letter
20. Click on Next

For Destiny follow Steps 24 - 25

21. Change the Size to 65% and Click OK
22. Click Set
23. When the message pops up click OK
24. (For the Destiny Decrease the Size to 65% and Click Set)
25. (For the Destiny, Click Preview, OK, Set, OK)

Creating the Satin Stitches:

1. Click on Add
2. Click IQ Designer
3. Click on the Pocket with the Arrow
(For Destiny – Click on the pocket with the blue arrow)
4. Click on the Machines Memory
5. Select the Frame Design
6. Click OK or Set depending on your machine
7. Click on the Line Region Property Icon
8. Click on Satin Stitch
9. Change Color to Purple

10. Click OK
11. Click on the Bucket/Cup Icon
12. Touch the Outer Line
13. Click on the Line Region Property Icon
14. Change Color to Gold
15. Click OK
16. Click on the Bucket/Cup Icon
17. Touch the Inner Line
18. Click on the Line Region Property Icon
19. Change Color to Blue
20. Click OK
21. Click on the Bucket/Cup Icon
22. Touch the Monogram Letter
23. Click Next
24. Scroll through the design and change the Width of the Outer Border (Purple) to .24 Click OK or Set depending on the machine. Change the Density to 110% and Click OK or Set depending on your machine
25. Scroll through the design and change the Width of the Inner Border (Gold) to .24 Click OK or Set depending on your machine. Change the Density to 110% and Click OK or Set depending on your machine

26. Scroll through the design and change the Width of the Monogram Letter (Blue) to .18 Click OK or Set depending on your machine. Change the Density to 110% and Click OK or Set depending on your machine
27. Click Set and Click OK when the message pop up
(For Destiny, Click on Preview, OK, Set, OK)
28. Go to the Settings Page and Change the Presser Foot Height to .10 - Click OK
29. Click Embroidery
30. Click Edit and Click on the Basting Stitch

Embroidering the Design:

1. Hoop a Water Soluble Mesh Stabilizer in the 9 ½” x 9 ½” Hoop
2. Thread Machine with Gray Thread on Top and Pre-wound in the bobbin
3. Lay a second Water Soluble Stabilizer on the top
4. Be sure to change the Foot Height back to default after your embroidery is complete.

